

NORTH SUBURBAN PERIODONTICS, LTD.
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PRE-SURGICAL INSTRUCTIONS AND INFORMATION

1. Take all daily medications as prescribed by your physician (if any) unless otherwise indicated.
Example: high blood pressure medication or insulin should be taken as directed.
2. Take all medications we prescribed as indicated. This may include:
 - a. antibiotic
 - b. anti-inflammatory
 - c. sedative/anti-anxiety
 - d. other
3. If a sedative or anti-anxiety is taken prior to appointment, patients must be escorted to and from the office by a friend or family member. If non-compliant we will notify appropriate authorities. Please understand this protocol is for the safety of everyone.
4. Do not take Aspirin (Naporsyn, Anaprox, Ascriptin, Feldene) 7 days prior to surgery UNLESS prescribed by your physician for cardiovascular disease, please inform our staff of your dosage. Acetaminophen is permitted.
5. If you should become ill the week preceding surgery, please advise the office of your situation 48 hours prior to the appointment.
6. Please refrain from using facial cosmetics, especially lipstick.
7. Comfortable, loose clothing is advisable, with short sleeves or loose fitting sleeves that can be rolled up to take blood pressure and/or blood draw.
8. Please limit yourself with regard to social and business appointments the day of periodontal surgery. Excessive talking or movement of facial muscles may aggravate the surgical site.
9. On the day of surgery please eat a normal breakfast and lunch unless otherwise indicated.
10. Please avoid caffeine and tobacco prior to your scheduled treatment.
11. If treatment involves removal of tooth and/or teeth, please contact your general dentist prior to surgical appointment for possible temporary tooth and/or teeth replacement.